

## Eight Recovery Principles

**R** = Principle 1 - Realize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and my life is unmanageable. *"Happy are those who know they are spiritually poor." Matthew 5:3*

**E** = Principle 2 - Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover." *"Happy are those who mourn, for they shall be comforted." Matthew 5:4*

**C** = Principle 3 - Consciously choose to commit all my life and will to Christ's care and control. *"Happy are the meek." Matthew 5:5*

**O** = Principle 4 - Openly examine and confess my faults to God, to myself, and to someone I trust. *"Happy are the pure in heart." Matthew 5:8*

**V** = Principle 5 - Voluntarily submit to every change God wants to make in my life and humbly ask Him to remove my character defects. *"Happy are those whose greatest desire is to do what God requires." Matthew 5:6*

**E** = Principle 6 - Evaluate all my relationships; offer forgiveness to those who have hurt me and make amends for harm I've done to others except when to do so would harm them or others. *"Happy are the merciful" Matthew 5:7 "Happy are the peacemakers" Matthew 5:9*

**R** = Principle 7 - Reserve a daily time with God for self-examination, Bible readings and prayer in order to know God and His will for my life and to gain the power to follow His will.

**Y** = Principle 8 - Yield myself to God to be used to bring this Good News to others, both by my example and by my words. *"Happy are those who are persecuted because they do what God requires." Matthew 5:10*